# Managing Stress by Jimmy Buffet

- **Have you ever dreamed of escaping from**

  **your dull existence to a new life on a tropical island?**

- **Starting life over is never too late…..**
- **In one ear and out the other….**
- **It’s nobody’s fault….**
- **Come Monday, it will be alright….**
- **Changes in latitudes, changes in attitudes….**
- **Cheeseburger in paradise**